

# Directory of Services In Greene County, NY

Consolidated by
GREENE COUNTY
DEPARTMENT OF HUMAN SERVICES

411 Main Street - Catskill, NY 12414

(518) 719-3555

Fax: (518) 719-3798

NY Connects (518) 719-3556

Email: humanservices@greenecountyny.gov

Visit us on the web at: www.greenegovernment.com/departments





NY Connects
Your Link to Long Term
Services and Supports

#### Dear Users:

It is the Greene County Department of Human Services intention to provide useful information to the community.

This guide is subject to change and we attempt to update as often as possible.

Please speak directly to the agency listed to determine current services and hours of operation.

We have tried to cross reference services as much as possible. If you find an error or wish to provide additional information to this guide, pleaser call our office at 518-719-3555.

This guide has been compiled by Greene County for informational purposes only.

Greene County makes no warranties, either express or implied, as to the fitness of any vendor(s) and/or service provider(s) set forth herein.

All potential users of this guide are strongly encouraged to verify vendor(s) and/or service provider(s) information and to exercise reasonable care and diligence in selecting vendor(s) and/or service provider(s).



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# **AGING SERVICES**





# **GREENE COUNTY DEPARTMENT OF HUMAN SERVICES**

Assists Greene County residents age 60 and older & their caregivers in maintaining and/or improving their personal status with a network of supportive services, such as In-home services (EISEP), caregivers support, insurance counseling (HIICAP), nutrition (Home delivered meals, congregate & counseling), transportation, energy assistance (HEAP) & RSVP volunteer opportunities. Acts as an advocate for the elderly before government or private agencies.

**MAIN OFFICE:** 

411 Main Street, Catskill, NY 12414 (518)-719-3555

Toll Free: (877)-794-9266

Fax: (518)-719-3798

Email: humanservices@greenecountyny.com

Like us on Facebook

**SENIOR SERVICE CENTERS** 

ACRA: Acra Community Center (518)-622-9898

7230 Old Rte. 23

ATHENS: Rivertown Senior Center (518)-945-2700

39 Second St.

CATSKILL: Robert C. Antonelli Senior Center (518)-943-1343

15 Academy St.

COXSACKIE: Town of Coxsackie Senior Center (518)-731-8901

127 Mansion St.

JEWETT: Jewett Municipal Building (518)-263-4392

Route 23C

# **NY CONNECTS**

NYS system for anyone who needs information on long-term services and supports - disabled, older adults, family members, caregivers and professionals. Can connect you with resources to help you find care & support, remain independent, understand care options, caregiving support, insurance questions and other benefits.

(518)-719-3556



# **AGING SERVICES (Cont.)**

### **BLOOMING HEALTH**

Greene County Emergency Alert Notification System

NOTE: If you are a Greene County senior citizen currently receiving services (e.g. meals, serve as a volunteer or medial transportation) through Greene County Department of Human Services, you will automatically be signed-up to receive notifications.

If you are unsure if you are entered in the system, please call the office (518-719-3555) & ask to verify your registration.

# **OTHER AGENCIES/SERVICES:**

# **MYBENEFITS**

www.mybenefits.ny.gov

Information about New York's programs and services, including assistance paying heating bills, grocery bills and other programs.

# NATIONAL ASSOCIATION of AREA AGENCIES on AGING (N4A) (202)-872-0888

Helps older adults and people with disabilities live with dignity and choices in their homes and communities for as long as possible.

# NATIONAL PARKS & FEDERAL RECREATIONAL LANDS SENIOR PASS (888)-275-8747

# NYS DEPT. of PARKS, RECREATION & HISTORIC PRESERVATION GOLDEN PARK PROGRAM

www.parks.ny.gov/admission/golden-park-program.aspx

# NEW YORK STATE OFFICE FOR THE AGING MOBILE APP

Statewide aging services mobile app providing basic information about issues important to older New Yorkers and their families and connects them to local resources. FREE in the App store (Search NYS Aging & download for free).

# PERSONAL IDENTIFICATION CARD (800)-342-9871

For older citizens who do not drive, or have ever driven, a non-driver photo identification card may be issued.

# COMMUNITY SERVICE AGENCIES





# CATHOLIC CHARITIES OF COLUMBIA-GREENE COUNTIES

66 William St. Catskill, NY 12414

(518)-943-1462

Services: Provides emergency assistance, WIC, supportive counseling and supervised visitation. SNAP, Caregiver Support

### **COMMON GROUND**

11 William Street, Catskill, NY 12414

(518)-943-0523

info@commongroundinc.org

Provides a range of services to the community. Offers mediation and co-parenting classes; training; conflict coaching; Raise the Age Restorative Services.; Surrogate Court mediation.

# **COMMUNITY ACTION OF GREENE COUNTY**

7856 Route 9W, Catskill, NY 12414

(518)-943-9205

Community Action of Greene County, Inc. is dedicated to community wellness and betterment through a wide variety of programs and services. Resources are diverse, ranging from GED instruction and income tax preparation assistance to domestic violence intervention and supportive housing. The goal is to improve the lives of low-income citizens and their families, helping them on the path to self-sufficiency so that they may achieve their full potential.

# **CORNELL COOPERATIVE EXTENSION**

479 Route 66, Hudson, New York 12534

(518)-828-3346

Cornell Cooperative Extension Columbia and Greene Counties puts knowledge to work in pursuit of economic vitality, ecological sustainability, and social well-being. We bring local experience and research-based solutions together, helping y families and communities thrive in our rapidly changing world.

# **HUDSON VALLEY AMERICAN RED CROSS** (845)-471-0200

# NYS OFFICE for NEW AMERICANS (800)-566-7636

Helps new Americans fully participate in NYS civic and economic life. Helps prepare for naturalization process, increasing access to English language learning, and providing a network of neighborhood-based opportunity centers.





# **COMPLAINTS, SCAMS & FRAUD**

**COMPLAINTS:** 

HEALTH CARE FACILITIES, ETC. (800)-804-5447

**HOSPICE** (800)-628-5972

MANAGED LONG TERM CARE PROGRAM (866)-712-7197

NATIONAL "DO NOT CALL" REGISTRY www.donotcall.gov

Stop unwanted phone solicitations

#### NYS EDUCATION DEPT. CONSUMER INFORMATION

Professional Misconduct/Unlicensed Conduct (518)-474-3817

Professional Misconduct (Non-medical) (800)-442-8106

Physicians, PA or Specialist Asst (800)-663-6114

**Hudson Valley LTC Ombudsman Program** (845)229-4680

Region 5: Theresa Norburn Email: <a href="mailto:theresa@ltccc.org">theresa@ltccc.org</a>

Investigates & resolves complaints and concerns about long term care facilities

# **SCAMS & FRAUD**

AARP FRAUD WATCH NETWORK (877)-908-3360

FTC CONSUMER INFORMATION (202)-326-2222

GREENE COUNTY SHERIFF'S OFFICE (518)-943-3300

MEDICARE/MEDICAID FRAUD (877)-678-4697

# **NEW YORK STATE**

• ATTORNEY GENERAL'S OFFICE (800)-771-7755

Bureau of Fraud & Protection (518)-474-2289

Medicaid Fraud (212)-417-5397

DEPT. OF FINANCIAL SERVICES (Insurance Fraud)(888)-372-8369

• DEPT. OF STATE (Consumer Protection) (800)-697-1020

DEPT. OF TAXATION & FINANCE (Identity Theft) (518)-457-5181

# **NYS POLICE, Troop F** (518)-263-4808

• Coxsackie (518)-731-2333

Greenville (518)-966-4441

Hunter (518)-589-6312

South Cairo (518)-622-8600

# **EMERGENCY SERVICES**



(518)-458-8111



| FOR ALL EMERGENCIES, DIAL 9 1 1 | Fire, Rescue, Police |
|---------------------------------|----------------------|
|---------------------------------|----------------------|

GREENE COUNTY SHERIFF'S OFFICE (518)–943-3300

NYS POLICE

| New Baltimore Satellite | (518)-731-8121 |
|-------------------------|----------------|
| South Cairo Barracks    | (518)-622-8600 |
| Greenville              | (518)-966-4441 |
| Hunter                  | (518)-589-6312 |

#### AMERICAN RED CROSS

33 Everett Road, Albany, NY 12205 www.redcrossneny.org Disaster Services; CPR, First-aid, Service to military, AED training, Pet First Aid, Lifeguard instructor class, FPR-for professional rescuer.

# COMMUNITY ACTION DOMESTIC VIOLENCE

24 HOUR HOTLINE (518)-943-9211

**GREENE COUNTY EMERGENCY SERVICES** (518)-622-3643

911 Dispatching, E-911 Addressing, and Field Coordination, Emergency Medical Services, Emergency Management and the Office of the Greene County Fire Coordinator. Training for first responders and serve as the link between Greene County to NYS Emergency Management Office, NYS Office of Fire Prevention and Control and the Regional Emergency Medical Organization.

# MOBILE CRISIS ASSESSMENT TEAM (518)-943-5555

Emergency Mental Health Services

# NYS DIVISION OF HOMELAND SECURITY and EMERGENCY SERVICES

(518)-242-5000

Emergency preparedness and a plan of action in the aftermath are critical. Helpful information provided.

POISON CONTROL CENTER Toll free: (800)-336-6997
National 24 Hour Assistance (800)-222-1222

RAPE CRISIS/SEXUAL ASSAULT SUPPORT

HOTLINE (888)-943-2472

REACH CENTER HOTLINE (518)-943-4482

24-hour hotline for survivors of crime and/or abuse.



### **EMPLOYMENT**

# COMMISSION on ECONOMIC OPPORTUNITY FOSTER GRANDPARENT PROGRAM

(518)-272-6012

Ongoing training, support, special event invitations and referrals for needed resources for foster grandparents.

### **EQUAL EMPLOYMENT OPPORTUNITY**

(800)-669-4000

33 Whitehall St. NY

### NEW YORK STATE DEPARTMENT of LABOR

(518)-457-9000

(888)-469-7365

Website: www.labor.state.ny.us Email: nysdol@labor.state.ny.us

# **NEW YORK STATE CAREER CENTER LOCATOR**

www.labor.ny.gov/career-center-locator

Enter zip code to find nearest location

# NORTHEAST CAREER PLANNING

(518)-465-5201

150 Broadway Menands, NY 12204

Empowers individuals with disabilities to achieve their goals toward self-sufficiency

# SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

www.aging.ny.gov/NYSOFA/LocalOffices.cfm

Helps job seekers to improve their skills, obtain training and find a job.

# **WORKFORCE NEW YORK**

(518)-828-4181

x5510

Columbia-Greene Community College Hudson, NY 12534

# FINANCIAL ASSISTANCE





# **BANKS:**

Bank of Greene County, Main Office (518)-719-8060

National Bank of Coxsackie, Main office Fax: (518)-731-2870

General: (518)-731-6161

Key Bank (518)-943-6861

Cairo Pioneer Bank (518)-622-3632

Trustco (518)-943-5090

CONSUMER CREDIT COUNSELING (800)-479-6026 CONSUMER CREDIT REFERRAL HOTLINE (800)-388-2227

#### EMERGENCY ASSISTANCE for ADULTS

(800)-342-3009

Helps meet emergency financial needs of people eligible for SSI in hardship situations.

**GREENE COUNTY DEPT OF SOCIAL SERVICES** (518)-719-3700

# **HOME ENERGY ASSISTANCE PROGRAM (HEAP)**

If over age 60, contact Greene County Department of Human Services at 518-719-3555. If under age 60, contact Greene County Department of Social Services.

This is a Government funded program designed to assist home-owners with paying fuel bill. Not intended to be total source of payment for annual fuel costs.

# **REAL PROPERTY TAX EXEMPTION** Contact local tax assessor Homeowners age 65 and older, veterans and people with disabilities may qualify for an exemption to reduce their real property tax.

# SOCIAL SECURITY ADMINISTRATION (800)-772-1213

Benefits include Social Security retirement and disability income, survivors' benefits

# SCHOOL TAX RELIEF (STAR) PROGRAM:

Income eligible persons 65 and older may apply for a reduction in their school taxes. Must be renewed annually.

Contact local tax assessor.



# **GOVERNMENT OFFICES**

# **NY VOTER REGISTRATION INFO**

The qualifications for voting are:

 Must be a US citizen, 18 years of age or older, and a resident of the county, village or city for 30 days prior to the election.

To register: call Greene County Board of Elections, (518)-719-3550

# **FEDERAL:**

**U.S. SENATORS:** 

Senate Office Bldg, Washington DC 20510

Kirsten Gillibrand (202)-224-4451 Charles E. Schumer (202)-224-6542

**CONGRESS:** 

Josh Riley (202)-225-5441

1207 Longworth House Office Building, Washington DC, 20515

**NEW YORK STATE** 

GOVERNOR: Kathy Hochul (518)-474-8390

SENATOR: Michelle Hinchey (845)-331-2083

ASSEMBLY: Chris Tague (518)-455-5363

# COUNTY

LEGISLATURE (518)-719-3270

District 1: Catskill - Michael Bulich, Jay Lucas, Matthew Luvera, &

Michael Lanuto

District 2: Coxsackie - Charles Martinez & Thomas Hobart

District 3: Athens - James O'Connell

District 4: Greenville - Greg Davis

District 5: New Baltimore - Patrick Linger (Chairman)

District 6: Prattsville, Ashland, Windham, Jewett - Jim Thorington

District 7: Halcott, Lexington, Hunter - Daryl Legg

District 8: Cairo - Sherry True & Harry Lennon

District 9: Durham - Patty Handel

# **GOVERNMENT OFFICES**





# **COUNTY DEPARTMENTS**

| Administrator                | (518)-719-3270 |
|------------------------------|----------------|
| COUNTY ATTORNEY              | (518)-719-3540 |
| COUNTY CLERK                 | (518)-719-3255 |
| DISTRICT ATTORNEY            | (518)-719-3590 |
| DMV                          | (518)-719-3280 |
| ELECTIONS                    | (518)-719-3550 |
| EMERGENCY SERVICES           | (518)-622-3643 |
| Highway                      | (518)-943-4600 |
| Human Resources (Personnel)  | (518)-719-3775 |
| Probation                    | (518)-719-3200 |
| Public Defender              | (518)-719-3220 |
| Public Health                | (518)-719-3600 |
| REAL PROPERTY TAX SERVICES . | (518)-719-3525 |
| Social Services .            | (518)-719-3700 |
| Treasurer .                  | (518)-719-3530 |

# **TOWN AND VILLAGE OFFICES** (all with 518 area code)

|                      | TOWN                 | <u>VILLAGE</u>   |
|----------------------|----------------------|------------------|
| ASHLAND              | 734-3636             |                  |
| ATHENS               | 945-1052             | 945-1551         |
| Cairo                | 622-3120             |                  |
| CATSKILL             | 943-2141             | 943-3830         |
| Coxsackie            | 731-2727             | 731-2718         |
| DURHAM               | 239-6122             |                  |
| GREENVILLE           | 966-5055 x2          |                  |
| HALCOTT              | 845-254-9920 (Superv | ISOR)            |
| HUNTER               | 589-6150             | 263-3871 (Mayor) |
| JEWETT               | 263-4646 x2          |                  |
| LEXINGTON            | 989-6476             |                  |
| <b>NEW BALTIMORE</b> | 756-8880             |                  |
| PRATTSVILLE          | 299-3125             |                  |
| TANNERSVILLE         |                      | 589-5850         |
| WINDHAM              | 734-4170             |                  |





### **HEALTH CARE**

AIDS, HTV, STD

National AIDS Hotline (800)-232-4636 National AIDS Prevention Info Network (800)-458-5231

**ALZHEIMER'S DISEASE:** 

Alzheimer's Association of NE NY (518)-867-4999

4 Pine West Plaza., Albany 24 Hour Helpline: (800) 272-3900

Website: www.alz.org

ARTHRITIS Care P.C

Clifton park office (518)-271-1813 2414 15th St. Troy, NY 12180 Helpline:(800)-283-7800

**ASSOC. for FRONTOTEMPORAL DEGENERATION** 

Works to improve the quality of life of people affected by FTD. www.theaftd.org

**CANCER:** 

American Cancer Society Cancer Helpline (800)-227-2345

• The Community Hospice (518)-943-5402 47 Liberty Street, Catskill

**DENTAL:** 

TOOTH WISDOM www.toothwisdom.org

Resources specifically tailored to helping older adults maintain good oral health, including free dental care in NYS.

**DIABETES** 

American Diabetes Association (518)-218-1755 (888)-342-2383

**Columbia Greene Dialysis Centers** 

Northern Hudson Valley Dialysis Center (518)-943-1404

159 Jefferson Heights , Rm. D107, Catskill

# **HEALTH CARE (Cont.)**



#### **EMERGENCY CARE:**

COLUMBIA MEMORIAL HOSPITAL EMERGENCY DEPARTMENT
71 Prospect Avenue, Hudson (518)-828-8500

For diagnosis and treatment of minor medical emergencies, illness and ailments - See URGENT CARE

### **GREENE COUNTY PUBLIC HEALTH & FAMILY PLANNING**

411 Main Street, Catskill

(518)-719-3600

#### **HEALTHCARE CONSORTIUM**

(518)-822-8820

325 Columbia Street, Hudson

Medical Transportation, Health insurance assistance, medical screenings, Rx assistance, financial assistance with medical costs

### **HEARING/SPEECH**

NY RELAY SERVICE

(800)-421-1220

DR 711

Connects standard telephone users with deaf, hard-of-hearing, deaf-blind, speech disabled or late deafened people who use text telephones (TTY) or voice carry-over (VCO) phones

# **HEART**

| AMERICAN HEART ASSOCIATION, Capital Region (518)-626-8750 |
|---|
|---|

HIV/AIDS (800)-541-2437

Counseling & Testing

(800)-962-5065

Greene County Family Planning

(518)-719-3580

# **HOSPICE**

| • | NATIONAL HOSPICE & PALLIATIVE CARE | (800)-658-8898 |
|---|------------------------------------|----------------|
| • | THE COMMUNITY HOSPICE              | (518)-943-5402 |

# **INTELLECTUAL & DEVELOPMENTAL DISABILITIES:**

THE ARC OF MID-HUDSON NY 311 West Bridge Street, Catskill

(518)-943-9592



# **HEALTH CARE (Cont.)**

# PHYSICAL/OCCUPATIONAL THERAPY/REHABILITATION

INPATIENT: See Greene Meadow or The Pines, Page 36

Greene Meadows Nursing Home & Rehab: Wound Care Therapy

**OUTPATIENT:** 

CATSKILL PHYSICAL THERAPY (518)-943-5370

70 Hill Street, Catskill, NY 12414

CIANI & MORRIS ASSOCIATES (518)-966-4568

11145 State Route 32, Greenville,

**EXCEL PHYSICAL THERAPY - 3 locations** 

Catskill (518)-719-3304

West Coxsackie (518)-731-1157

LEE PHYSICAL THERAPY AND WELLNESS (518)-622-9200

348 Main St, Cairo

# SUBSTANCE ABUSE

Columbia-Greene Addiction Coalition https://www.columbiagreeneaddictioncoalition.org

Twin County Recover Services (518)-943-2036

428 West Main Street, Catskill

24 Hour Hotline: (518)-822-0090

Greener Pathways (Peer Support Services) (518)-291-4500

Greene County Family Planning (518)-719-3580

GCFP provides patients with access to same day, basic peer recovery services and **Medication assisted Treatment (MAT)** in addition to many other services. Total abstinence is NOT a requirent to receive MAT at GCFP, and our efforts embrace the harm reduction approach to more effectively serve patients. GCFP provides Buprenorphine/Naloxone, and it allows people who use opioids to be treated more effectively and better pave their path to recovery.

# **HEALTH CARE (Cont.)**



# **URGENT CARE:**

For diagnosis and treatment of minor medical emergencies, illness and ailments.

EMURGENT CARE (518)-264-9000

11835 State Route 9W

West Coxsackie, NY 12192

Open Mon—Sat, 9am - 8pm

URGENT MEDICAL CARE PLLC (518)-943-9100

10 Grandview Ave., Catskill, NY 12414

Open Mon—Sun, 9am - 8pm

WELLNOW URGENT CARE (518)-625-3608

11 Maple Avenue, Catskill, NY 12414

Open Mon - Sun, 8am - 8pm

# **VISION:**

NYS Commission for the Blind (866)-871-3000

Northeastern Association of the Blind at Albany (518)-463-1211

301 Washington Ave, Albany





# **HEALTH INSURANCE**

CENTERS for MEDICARE & MEDICAID SERVICES (877)-267-2323
MEDICARE SERVICE CENTER (800)-633-4227

# **ELDERLY PHARMACEUTICAL INSURANCE COVERAGE**

**(EPIC)** (800)-332-3742

Prescription drug savings plan for income eligible persons 65 and over.

• FRAUD & ABUSE HOTLINE (800)-542-0424

• HELPLINE (800)-332-3742

#### **GREENE COUNTY DEPARTMENT OF HUMAN SERVICES**

Health insurance information, counseling and assistance for Medicare insurance plans, as well as Medicare Part D Information. (See page 5)

#### GREENE COUNTY DEPARTMENT OF SOCIAL SERVICES

Medicaid for eligible persons; SSI information. (See page 7)

**HEALTHCARE.GOV (HEALTH INS. MARKETPLACE)** 

(800)-318-2596

**MEDICARE** 

COORDINATION of BENEFITS CALL CENTER (855)-798-2627

NYS HEALTH INS. POLICIES & PROGRAMS (800)-342-3736
Learn more about rights, view rate increase applications & submit comments about proposed increases.

**NEW YORK STATE DEPARTMENT of HEALTH** (855)-355-5777 Offers low-cost quality health insurance options available through the Marketplace.

NYS PARTNERSHIP for LONG-TERM CARE (866)-950-7526 Combines private long-term insurance with Medicaid to help people prepare financially for long-term care.

**SOCIAL SECURITY ADMINISTRATION** 

(800)-772-1213

For Medicare information.

# **HOME HEALTH CARE**





ANYTIME HOME CARE

(518)-828-0183

160 Fairview Avenue, Hudson

COMMUNITY HOSPICE

(518)-943-5402

47 Liberty Street, Catskill

Medical, nursing and supportive homecare services for terminally ill and their families.

**EDDY HOMECARE & VISITING NURSES** (518)-270-1317

433 River St. Suite 3000 Troy, NY 12180

### GREENE COUNTY DEPT. OF HUMAN SERVICES

Care at home through EISEP (Expanded In-home Services for the Elderly Program). Provides case management, housekeeper/chore and personal care. Home delivered meals available to eligible homebound persons 60 and older. Family Caregiver Program. PERS units.

**HEARTHSTONE ADULT CARE** 

(518)-678-2030

1187 Route 23A, Catskill

Social Adult Day Care and Companionship

**HOME HELPERS** 

(518)-425-9023

1654 Columbia Turnpike, Castleton-on-Hudson

Companion & personal care services

**UNLIMITED HOME CARE** 160 Fairview Avenue, Hudson

(518)-828-7001



# **LAUNDROMATS**

## **SUPER SUDS**

55 Route 84, Cairo (518)-622-8800

# **CLOTHESPIN LAUNDROMAT & DRY CLEANING**

90 Catskill Commons, Catskill (518)-943-0718

### **GREENVILLE LAUNDROMAT**

11 Garland Lane (518)-966-8888

# TANNERSVILLE LAUNDROMAT

6023 Main Street (518)-470-7540

## UNIVERSAL LAUNDROMAT

11795 State Route 9W, West Coxsackie (518)-731-9454

# LEGAL SERVICES





AGE DISCRIMINATION

(718)-741-8400

**COMMON GROUND** 

11 William St, Catskill (518)-943-0523

Voluntary mediation service by trained volunteers

**ELDER ABUSE** (518)-719-3700

Greene County Dept. of Social Services Adult Protective Unit

EMPIRE JUSTICE CENTER

(518)-462-6831

Provides advocacy and legal services to low-income clients who need assistance accessing health Care services & health insurance.

### GREENE COUNTY DEPARTMENT OF HUMAN SERVICES

Attorney comes into office once a week, by appointment only for legal consultations on concerns of County residents over age 60 (See page 5)

**HEALTH CARE PROXY** 

www.health.ny.gov/forms

Allows individuals to designate someone to make health care decisions if they can no longer do so.

**HOSPITAL PATIENTS' RIGHTS -** www.health.ny.gov/publications/

**LEGAL AID SOCIETY** 

(833)-628-0087

Free legal services to low-income clients

**NEW YORK STATE:** 

ATTORNEY GENERAL

General Helpline (800)-771-7755 Health Care Issues (800)-428-9071

• BAR ASSOCIATION (518)-463-3200

• OFFICE of CHILDREN & FAMILY SERVICES, BUREAU of ADULT SERVICES, ADULT PROTECTIVE SERVICES (844)-697-3505

• OFFICE of VICTIMS SERVICES (800)-247-8035

**REACH CENTER** (MHA)

(518)-943-4482

To eliminate inter-personal violence and promote interests of survivors of such crimes, and advocating in the community for the needs of victims.





# **LIBRARIES**

| ATHENS: D R Evarts 80 2nd St                                      | (518)-945-1417 |
|---|----------------|
| CAIRO:<br>Cairo Public Library                                    | (518)-622-9864 |
| 512 Main Street   |                |
| CATSKILL:<br>Catskill Public Library<br>1 Franklin St, Catskill   | (518)-943-4230 |
| Palenville Branch<br>144 Malden Ave, Palenville                   | (518)-678-3357 |
| COXSACKIE:<br>Heermance Memorial<br>1 Ely St                      | (518)-731-8084 |
| Vedder Memorial Library<br>90 County Rte. 42                      | (518)-731-1033 |
| <b>GREENVILLE:</b> Greenville Public Library 11177 State Route 32 | (518)-966-8205 |
| <b>HUNTER:</b><br>Hunter Public Library<br>7965 Main St           | (518)-263-4655 |
| <b>TANNERSVILLE:</b> Mountain Top Library 6093 Main St.           | (518)-589-5707 |
|   |                |

# LIBRARIES (Cont.)



**WINDHAM:** 

Windham Public Library (518)-734-4405

Main St. & Church St.

NATIONAL AUDIOVISUAL CENTER (800)-553-6847

NATIONAL LIBRARY SERVICE for the BLIND & PHYSICALLY HANDICAPPED (202)-707-5100

**REHABILITATION TRAINING MATERIALS** (866)-821-5355

U.S. ENVIRONMENTAL PROTECTION AGENCY LIBRARY

(202)-566-0556





# **MEDICAL EQUIPMENT**

| GREENE | <b>MEDICAL ARTS</b> | PHARMACY |
|--------|---------------------|----------|
|--------|---------------------|----------|

(518)-943-1715

159 Jefferson Heights Catskill, NY 12414

**LINCARE** (518)-943-3456

168 Jefferson Heights Catskill, NY 12414

# NORTHEAST HOME MEDICAL SUPPLIES

(518)-622-8108

15 North Lincoln Dr. Cairo, NY 12413

# **MENTAL HEALTH**





#### **GREENE COUNTY MENTAL HEALTH**

(518)-622-9163

905 Greene County Office Building Cairo, NY 12413

Greene County Mental Health Center is a community mental health clinic licensed by the NYS Office of Mental Health. We have a full contingent of professional staff including Psychiatrists, Nurse Practitioners, Social Workers, and Psychiatric Nurses. Our staff members work together to provide a comprehensive system of care for the mental health needs of Greene County residents.

If you are experiencing a psychiatric emergency after normal clinic hours, call 518-622-3344 and ask to speak to the Mental Health On-Call Worker.

#### MENTAL HEALTH ASSOCIATION

(518)-828-4619

The mission of the Mental Health Association of Columbia-Greene Counties is to provide education and advocacy and to create opportunities that enhance the mental health and well-being of individuals, families, and communities. Many years ago the board of directors decided to broaden our mission from working

713 Union Street

Hudson, NY

info@mhacg.org

# MOBILE CRISIS ASSESSMENT TEAM (MCAT) (518)-943-5555

Emergency Mental Health Services, 8 a.m. - 10 p.m., 7 days a week

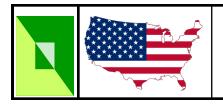
On-site face-to face mental health assessments, Referrals to available services, Follow-up from psychiatric hospitalizations, Wellness calls when someone is concerned, Phone assessments, Consultations

# NATIONAL INSTITUTE of MENTAL HEALTH CENTER

(866)-615-6464

### **SUICIDE HOTLINES:**

| Yellow Ribbon./Hopeline         | (800)-784-2433 |
|---------------------------------|----------------|
| Yellow Ribbon Prevention        | (303)-429-3530 |
| www.yellowribbon.org            |                |
| Nat. Adolescent Suicide Hotline | (800)-621-4000 |
| National Crisis Hotline         | (800)-422-4673 |
| Samaritans                      | (518)-689-4673 |



# NATIONAL WEBSITE RESOURCES

AARP www.aarp.org

Organization for individuals over age 50 with information, advocacy and service. Website offers topics on caregiving, work, and retirement, health and recreation.

# ADMINISTRATION FOR COMMUNITY LIVING www.act.gov

Helps people with disabilities and older adults live at home with the supports they need, and to participate in community life. Federal agency responsible for increasing access to community supports while focusing attention on their unique needs.

**ELDERCARE LOCATOR** (800)-677-1116 www.eldercare.gov Nationwide Directory designed to help older Americans and caregivers find local support and resources.

**NATIONAL AGE in PLACE COUNCIL** www.ageinplace.com Support network for older adults planning to age in place and make independent living possible.

#### NATIONAL COUNCIL on AGING

www.ncoa.org

Help people 60+ meet their changing needs as they age. . . . Work, volunteering, healthy aging, benefits access, and ensuring older adults' ability to remain independent.

#### NATIONAL INSTITUTE on AGING

www.nia.nih.gov

Information on aging research with a wide range of topics important to older people.

# NATIONAL HOSPICE and PALLIATIVE CARE ORGANIZATION

(800)-658-8898

www.nhpco.org

Committed to improving end of life care with the goal of enhancing the quality of life for people dying and their loved ones.

# **NEXT STEP in CARE**

www.nextstepincare.org

Provides easy-to-use guides to help family caregivers and health care providers work closely together to plan and implement safe and smooth transitions for chronically or seriously ill patients. Emphasize careful planning, clear communication and ongoing care coordination.

# **NUTRITION**







# thru Regional Food Bank of NENY

Non-perishable food donations, essential personal care items, and monetary donations are always appreciated.

**ATHENS** 

Community Food Pantry

(518)-610-1506

102 N. Washington St, Athens

Hours: Tues 2:00 pm -3:00 pm Thurs. 4:30 pm - 5:30 pm

**High Hill Food Pantry** 

(518)-821-9889

1467 Schoharie Turnpike, Athens

Wed 3pm - 4:30pm and Fri 11 am - 12pm Hours:

CAIRO

Resurrection Lutheran Church

(518)-622-3286

Route 23B & 32, Cairo

Hours: Tues 5:30 pm - 6:30pm

CATSKILL

**Catholic Charities** 

(518)-943-1462

66 William Street, Catskill

Hours: Mon. 9:00 a.m. - 12:00 p.m.

Catskill Food Pantry\*

(551)-299-2456

50 William Street, Catskill

Friday 1:00 pm - 4:00 pm Hours:

\* Will deliver to Greene County residents unable to get to food pantry during pantry hours or directly after.

Community Action of Greene County

(518)-943-9205

7856 Route 9W, Catskill

Mon, Thurs, Fri 1:00 pm - 3:30 pm Hours:

God's Storehouse Food Pantry

(518)-943-2709

3 Bogardus Avenue, Catskill

Hours: Tues 2:30 p.m. - 4 p.m. and 6p.m. - 7:30 p.m.



# **NUTRITION** (Cont.)

Matthew 25 (518)-943-5890

8 Union Street

Hours: Wed 6 pm - 8pm and Sun 1:00pm - 3:00 pm

Angels Wings: Tuesdays 12 p.m. - 3 p.m. Power Pak: Thursdays 4 p.m. - 5:30 p.m.

COXSACKIE

Bethel AME Church Food Pantry (845)-750-5202

123 Mansion St

Hours: Tues. and Thurs. 10:00 a.m. - 11:00 a.m.

Coxsackie Area Food Pantry (518)-731-8603

117 Mansion Street, Coxsackie

Hours: Tues 1-2 pm Thurs 7-8 pm Sat 10 am - 11 am

**GREENVILLE** 

25 Town Park Drive, Greenville (518)-966-5640

Hours: 2nd & 4th Wed 9:30 am -12:00 pm

**PRATTSVILLE** 

14464 Route 23, Prattsville (518)-299-3321

Hours: 3rd Tuesday, 4:00 p.m. - 6:00 pm.

ROUND TOP

Prabhuji Mission Food Pantry (518)-303-6390

332 Rte. 31

Hours: Fri 11:00 am - 12 pm

**WINDHAM** 

Windham Community Food Pantry (518)-734-3826

117 Route 296, Windham

Hours: 2nd & 3rd Saturday 9:00 am - 12:00 pm

Thursday in between Saturdays 5pm - 7pm

# **NUTRITION (Cont.)**



### GREENE COUNTY DEPARTMENT OF HUMAN SERVICES

- Well-balanced meals served Monday-Friday for individuals age 60 and older and their spouses or guests at our senior nutrition sites
- Home delivered meals available for eligible persons age 60 and older
- Nutrition counseling available on individual basis.
- Nutrition programs presented monthly.
- Senior Farmers' Market Nutrition Program

# SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

Helps persons with lower incomes to purchase food with use of debit card.

Contact Greene County Department of Social Services. See page 11





# **PHARMACIES**

| CAIRO:<br>CVS<br>7600 Route 32  | (518)-622-2000 |
|---|----------------|
| HANNAFORD PHARMACY<br>223 Main Street, Cairo,   | (518)-622-8161 |
| CATSKILL:<br>GREENE MEDICAL ARTS PHARMACY<br>159 Jefferson Heights<br>Delivery Mon—Fri 8:30 a.m 5:00 p.m. | (518)-943-1715 |
| PRICE CHOPPER<br>320 West Bridge St   | (518)-943-3909 |
| WALGREEN'S PHARMACY<br>19 Central Ave   | (518)-943-4182 |
| WAL-MART PHARMACY Catskill Commons  | (518)-943-9584 |
| COXSACKIE:<br>KELLY'S PHARMACY<br>12189 State Route 9<br>Delivery Mon—Fri                                 | (518)-731-4800 |
| GREENVILLE  |                |
| KELLY'S PHARMACY<br>4852 Route 81<br>Delivery Mon—Fri   | (518)-966-4800 |
| WINDHAM:<br>WINDHAM PHARMACY<br>Route 296 and South St.   | (518)-734-3033 |

# **UTILITIES**





(Electric, Natural Gas, Telephone, Cable/Fiber)

| ARCHTOP FIBER | (855)272-4867 |
|---------------|---------------|
|---------------|---------------|

**A T & T** (800)-288-2020

#### **CENTRAL HUDSON**

For an Electrical Emergency (Power line down or other hazard)

**CALL 911** 

To Report a Natural Gas Emergency (800)-942-8274

For a billing or payment inquiry (800)-527-2714

#### **HOME ENERGY ASSISTANCE PROGRAM**

If over age 60, contact Greene County Dept. of Human Services If under age 60, contact Greene County Dept. of Social Services

| MID-HUDSON CABLE | (518)943-6600 |
|------------------|---------------|
|                  | 10101070-0000 |

**NYS POWER AUTHORITY** (914)-681-6200

**SPECTRUM** (866)978-2389

STATE TELEPHONE, Coxsackie (518)-731-6128

 VERIZON
 (800)-417-3849

 INDIVIDUALS WITH DISABILITIES
 (800)-974-6006

 LIFELINE SERVICE
 (800)-555-5000



### **RESPITE**

(Short term care for caregiver relief)

**ALZHEIMER'S ASSOCIATION OF NENY** (518)-867-4999

THE ARC MID HUDSON-NY

(845)-331-4300

Waiver Respite & Family Support Voucher Reimbursement

ARCH NATIONAL RESPITE NETWORK www.archrespite.org

Help for caregivers and professionals to locate respite services in local community

CATHOLIC CHARITIES CAREGIVER SUPPORT PROGRAM

(518)-372-5667

Care Consultation, Support Groups, Telephone Support, Information & Assistance

CONSUMER DIRECTED CHOICES (800)-335-0810

Consumer Directed Personal Service

**GRACE PLACE** (518)-622-3286

Designed to meet social & emotional needs

GREENE COUNTY DEPARTMENT OF HUMAN SERVICES

Expanded In-Home Services for the Elderly Program

HEARTHSTONE CARE

Supervised Adult Daycare

aporvious radic Bayouro

MENTAL HEALTH ASSOCIATION of COLUMBIA-GREENE

**COUNTIES** 

(518)-828-4619

(518)-678-2030

Respite & Community-Based Prevention Program

NYS CAREGIVING & RESPITE COALTION www.nyscrc.org

Committed to supporting caregivers across NYS in addressing the current and future needs of families.

# **RESPITE (Cont.)**



# NYS ELDER CAREGIVER SUPPORT PROGRAM

(800)-342-9871

Provides support and assistance to people who are caring for an older person who needs help to be able to remain at home in the community.

THE COMMUNITY HOSPICE

(518)-724-0242

THE PINES

(518)-943-5151

Short-term care so caregivers can have recovery time



# SCHOOLS/EDUCATION

# PRE-SCHOOLS:

JOYFUL CHRISTIAN PRE-SCHOOL

186 Main Street, Cairo (518)-622-3286

WHEELHOUSE CREATIVE EDUCATION CENTER (518) 943-4649 5599 NY-23 Acra, New York

**KINDERGARTEN - HIGH SCHOOL** 

CAIRO-DURHAM SCHOOL DISTRICT (518)-622-8534

School Tax Collector Ext 25140

CATSKILL SCHOOL DISTRICT (518)-943-4696

School Tax Collector Ext 1446

COXSACKIE-ATHENS SCHOOL DISTRICT (518)-731-1700

School Tax Collector (518)-731-1705

GILBOA-CONESVILLE CENTRAL SCHOOL DISTRICT

(607)-588-7541

**GRAPEVILLE CHRISTIAN SCHOOL** (518)-966-5037

**GREENVILLE SCHOOL DISTRICT** (518)-966-5070

School Tax Collector Ext 520

**HUNTER-TANNERSVILLE SCHOOL DISTRICT** (518)-589-5400

School Tax Collector (518)-989-6637

MARGARETVILLE CENTRAL SCHOOL DISTRICT (845)-586-2647

**ONTEORA CENTRAL SCHOOL DISTRICT** (845)-657-6383

# **SCHOOLS/EDUCATION (Cont.)**



RAVENA-COEYMANS-SELKIRK SCHOOL DISTRICT 518)-756-5200

WINDHAM-ASHLAND-JEWETT SCHOOL DISTRICT (518-734-3400 School Tax Collector (518)-734-6611

# **HIGHER EDUCATION/OTHER EDUCATION**

**QUESTAR III** (518)-828-4157

Learning opportunities that tap the potential of the students and link them with meaningful employment that recognizes skills developed.

COLUMBIA-GREENE COMMUNITY COLLEGE (518)-828-4181
Adult Learning Institute (ALI) Ext 3431
Supported Education Ext 3323

**HUDSON VALLEY COMMUNITY COLLEGE** (518)629-4822

LITERACY CONNECTION of COLUMBIA-GREENE COUNTIES
(518)-828-1792
Ext 104



# **SENIOR HOUSING**

**RUPCO (Section 8)** 

(518)-943-5170

#### **TENANTS RIGHTS GUIDE**

www.ag.ny.gov/sites/defult/files/pdfs/publications/Tenants\_Rights.pdf

# INDEPENDENT SENIOR LIVING

East View Garden Apartments (519)-943-6700

Klingerman Dr, Cairo

**BETHANY VILLAGE** (518)-731-8890

800 Bethany Drive, West Coxsackie

CATSKILL MOUNTAIN HOUSING (518)-943-6700

450 Main Street, Catskill

Household income for a single person, must be below \$23,650/year or a couple, \$27,000 per year. CAIRO: Fairground Estates TANNERSVILLE: Hemlock Nob WINDHAM: Windham Willows CATSKILL: Autumn Grove, Kaaterskill Manor & Orchard Estates

**RIVERTOWN APARTMENTS** 

(518)-945-1751

19 Third Street, Athens

# **ASSISTED SENIOR LIVING:**

Help residents with activities of daily living but do not need constant care.

HOME SWEET HOME OF ATHENS

71 Second St, Athens (518)-945-1673

HOME SWEET HOME ON THE HUDSON

Prospect Ave, Catskill (518)-943-5701

**THE ELIOT** (518)-943-1700

122 Jefferson Heights, Catskill

# **NURSING HOMES**

Also called Skilled Nursing Care Centers are for adults with serious medical needs.

**GREENE MEADOWS** (518)-943-9380

161 Jefferson Heights, Catskill

**THE PINES AT CATSKILL** (518)-943-5151

154 Jefferson Heights, Catskill

NEW YORK STATE NURSING HOME HOTLINE (888)-201-4563

# SENIOR HOUSING (Cont.)



| `  | INDEPENDENT<br>SENIOR | SHORT<br>TERM/ | ASSISTED | SKILLED<br>NURSING |
|--|-----------------------|----------------|----------|--------------------|
| FACILITY NAME  | HOUSING               | REHAB          | LIVING   | FACILITY           |
| Autumn Grove/Orchard Estates 777 Embough Rd., Catskill SEE CATSKILL MOUNTAIN HOUSING | $\odot$               |                |          |                    |
| Bethany Village<br>800 Bethany Village, West Coxsackie, 12192<br>(518-)731-8890      | $\odot$               |                |          |                    |
| Kaaterskill Manor<br>Jefferson Heights Catskill<br>SEE CATSKILL MOUNTAIN HOUSING     | $\odot$               |                |          |                    |
| The Pines at Catskill Center<br>154 Jefferson Hgts, Catskill<br>(518)-943-5151       |                       | $\odot$        |          | $\odot$            |
| Fairground Estates 777 Main St., Cairo SEE CATSKILL MOUNTAIN HOUSING                 | 0                     |                |          |                    |
| Greene Meadows<br>161 Jefferson Hgts, Catskill,<br>(518)-943-9380                    |                       | $\odot$        |          | $\odot$            |
| Hemlock Nob 6174 Main St. Tannersville SEE CATSKILL MOUNTAIN HOUSING                 | $\odot$               |                |          |                    |
| Rivertown Apts. 19 Third St., Athens SEE CATSKILL MOUNTAIN HOUSING                   | <b>(</b> )            |                |          |                    |
| The Eliot in Catskill 122 Jefferson Hgts, Catskill, (518)-943-7100                   |                       |                | (3)      |                    |
| Home Sweet Home on the Hudson<br>38 Prospect Ave., Catskill<br>(518)-943-5701        |                       |                | (i)      |                    |
| Home Sweet Home of Athens 71 Second St, Athens, (518)-945-1673                       |                       |                | $\odot$  |                    |
| Windham Willows<br>94 Mitchell Hollow Rd., Windham<br>SEE CATSKILL MOUNTAIN HOUSING  | $\odot$               |                |          |                    |





# SENIOR ORGANIZATIONS/CLUBS

**AARP** (888)-687-2277

#### **ATHENS SENIOR CITIZENS CLUB**

Meet: 2nd & 4th Monday - 1:15pm at Athens Rivertown Center Contact: President Al Ramm, (518)-945-1061

#### **CAIRO** GOLDEN AGERS CLUB

Meet: 2nd Wednesday, 1:30pm at Acra Community Center Contact: President Pat Asaro, (518)-821-6508

#### **CATSKILL SILVER LININGS:**

Meet: 2nd Thursday - 1:00 pm at Robert Antonelli Senior Center Contact: President Sheila Pedersen, (518)-719-5361

#### **COXSACKIE** AREA SENIORS

Meet: 2nd & 4th Tuesday of month, 1:00 pm
Bethany Village Van Heest Hall
Contact Mary Kibbey, (518)-634-7524

#### SENIOR CITIZENS of COXSACKIE

Meet: 1st & 3rd Monday of month, 2 pm Town of Coxsackie Senior Center Contact President Dawn M Smith,

(518)-857-4780

#### GOLDEN YEARS CLUB of GREENVILLE

Meet: 1st Wednesday, 1:00pm at American Legion Hall Contact President Beverly Myers, (518)-966-8482

#### **MOUNTAIN TOP GOLDEN AGERS**

Meet: 4th Thursday of month, 1:30pm at Tannersville Fire Hall Contact Person: President Margaret Robinson (518)-589-4091

#### W-A-J-P-L GOLDEN AGERS

Meet: 1st & 3rd Monday, 1:00pm at Windham Ambulance Building Contact President Lula Anderson, (518)-734-5360

# **SHOPPING**





| DOLLAR GENERAL (Online shopping and Auto-Delivery available) Athens: 9178 Rte. 9w Cairo: 29 Main St. Cairo, NY 12413 Catskill: 729 Rte. 32A, Palenville Coxsackie: 11776 Rte. 9W Greenville: 4 Country Estates Rd Tannersville: 6459 State Rte. 23A | (518)-945-8906<br>(518)-318-1125<br>(518)-520-0634<br>(518)-805-1710<br>(518)-662-0482<br>(518)-989-2084 |
|---|--|
| <b>DOLLAR TREE</b><br>340 West Bridge Street, Catskill  | (518)-625-2020   |
| <b>HANNAFORD</b><br>223 Main Street, Cairo  | (518)-622-8130   |
| <b>JIM'S GREAT AMERICAN</b><br>14530 Main Street, Prattsville   | (518)-299-8581   |
| PRICE CHOPPER  Pickup /delivery service available through Instacart, \$35 minimum order, Fee 320 West Bridge St., Catskill  | s for service<br>(518)-943-3239  |
| TOPPS Pickup /delivery service available through Instacart, \$35 minimum order, Fee Coxsackie: 44 Hope Plaza Greenville: 11573 State Route 32 Tannersville: 6380 Main St.   | s for service<br>(518)-731-6173<br>(518)-966-5396<br>(518)-589-0048                                      |
| <b>WALMART</b> (Online ordering; Curbside Pickup; Limited Delivery 30 Catskill Commons, Catskill  | (518)-943-9423   |
| SHOP RITE, HUDSON (Online delivery to Catskill & South Cairo)   | (518)-828-0192   |
| SCHWAN'S HOME DELIVERY  | (888)-724-9267   |
| <b>Family Dollar</b><br>Main Street, Cairo  | (518)-318-3155   |





#### **SUPPORT GROUPS**

**ABUSE (DOMESTIC & SEXUAL)** 

THE REACH CENTER 371 Main Street Catskill, NY 12414 (518)-943-4482

**ALCOHOLICS ANONYMOUS** 

(518)-625-2002

**ALZHEIMER'S DISEASE** 

(800)-438-4380

TELEPHONE SUPPORT GROUP: 1st mon. Wed. 10:00 am.

712-770-4010, Access code #919600

Facilitator: Jim Hardman

**AUTISIM CONNECTION (GREENE COUNTY)** 

(518)-731-6500

**CANCER** 

AMERICAN CANCER SOCIETY (800)-227-2345

110 Hurley Ave, Kingston, NY (845)-339-4673

**GREENE COUNTY WOMENS LEAGUE** (518)-819-1249

# **SUPPORT GROUPS (Cont.)**



#### **CAREGIVER SUPPORT SERVICES**

Catholic Charities Senior & Caregiver Website: www.seniorservices.org

(518)-372-5667

#### **COMMUNITY HOSPICE**

(518)-943-5402

47 Liberty Street, Catskill

Provides free grief support services to those who have experienced the death of a family member or friend. A Bereavement Counselor will recommend services after meeting with you and your family which may include:

- Grief Counseling, for individuals and families of all ages
- Support Groups for adults, including Widow/Widowers, Daughter's, Living with Loss etc.
- Camp Erin, a free weekend camp for grieving children and teens, 6-17 years old
- Wave Riders, a free six week program for grieving children and teens, 3-17 years old Additional supports are available for schools and organizations in our community, including trainings, groups, remembrance services, outreach and a crisis support team.

# MENTAL HEALTH ASSOCIATION OF COLUMBIA / GREENE COUNTIES (518)-943-0349

#### NATIONAL RESOURCE CENTER ON ADHD & CHADD

(Children & Adults with Attention Deficit Disorder)

(301)-306-7070

Toll Free:

(800) 233-4050

Website: www.help4adhd.org





# **Information Lines**

| AARP                                    | (888)-687-2277                  |
|---|---------------------------------|
| ALLIANCE FOR AGING RESEARCH             | (202)-293-2856                  |
| ALS ASSOCIATION                         | (800)-782-4747                  |
| ALTERNATIVE MEDICINE                    | (888)-644-6226                  |
| BRAIN INJURY ASSOCIATION of AMERICA     | (800)-444-6443                  |
| CORNELL COOPERATIVE EXTENSION           | (518)-622-9820                  |
| CROHN'S & COLITIS FOUNDATION            | (800)-932-2423                  |
| ELDERCARE LOCATOR                       | (800)-677-1116                  |
| EPILEPSY FOUNDATION of NENY             | (518)-456-7501                  |
| EQUAL EMPLOYMENT OPPORTUNITY            | (800)-669-4000                  |
| LEUKEMIA & LYMPHOMA SOCIETY             | (800)-955-4572                  |
| NATIONAL ALLIANCE FOR THE MENTALLY ILL  | (800)-950-6264                  |
| NATIONAL CITIZEN'S COALITION FOR NURSIN | G HOME REFORM<br>(202)-332-2275 |
| NATIONAL HOSPICE & PALLATIVE CARE       | (703)-837-1500                  |
| NORTHEASTERN ASSOC. of the BLIND        | (518)-463-1211<br>ext. 234      |
| PARKINSON'S FOUNDATION                  | (800)-457-6676                  |
| TECHNOLOGY ASSISTANCE FOR THE DISABL    | ED<br>(800)-522-4369            |





#### FEDERAL INFORMATION CENTERS

Abuse:

National Domestic Violence Hotline (800)-942-7233 National Child Abuse Hotline (800)-422-4453

#### **Alcohol & Substance Abuse:**

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES (800)-662-4357 24-hour free & confidential information about mental health &/or substance abuse disorders

NATIONAL INSTITUTE ON DRUG ABUSE

(301)-443-1124

**Arthritis, Osteoporosis & Chronic Pain** 

NATIONAL INSTITUTE of ARTHRITIS, MUSCULOSKELETAL & SKIN DISEASES (877)-226-4267

OSTEOPOROSIS & RELATED BONE DISEASES (800)-624-266

**Brain & Nervous System Disorders** 

ALZHEIMER'S DISEASE EDUCATION (800)-438-4380

NATIONAL INSTITUTE of NEUROLOGICAL DISORDERS & STROKE

(800)-352-9424

Cancer

NATIONAL CANCER INSTITUTE (800)-422-6237

SMOKING QUITLINE (877)-448-7848

**Child Welfare Information** 

CHILDREN'S BUREAU (800)-394-3366

(ADMIN FOR CHILDREN & FAMILIES)

Information & resources to help protect children & strengthen families

INSTITUTE OF EDUCATION SCIENCES (800)-538-3742

CHILD HEALTH & HUMAN DEVELOPMENT CENTER (800)-370-2943



## **Information Lines (Cont.)**

| <b>Dental</b> | and | Oral | Health |
|---------------|-----|------|--------|
|---------------|-----|------|--------|

DIVISION OF ORAL HEALTH (800)-232-4636

NATIONAL ORAL HEALTH INFORMATION (866)-232-4528

#### Diabetes, Digestive Health & Kidney Disease

Includes Endocrine, Metabolic & Urologic Information (800)-860-8747

Disabilities, Access & Rehab

ABLEDATA (800)-227-0216

SPECIAL EDUCATION & REHABILITATIVE SERVICES

(202)-245-7307

AMERICANS WITH DISABILITIES ACT (800)-514-0301

**Environmental Health** 

NATIONAL LEAD INFORMATION (800)-424-5323

SAFE DRINKING WATER HOTLINE (800)-426-4791

Food Safety & Agricultural Health

USDA MEAT & POULTRY HOTLINE (888)-674-6854

**Healthy Aging & Older Adult Welfare** 

ELDERCARE LOCATOR (800)-677-1116

NATIONAL INSTITUTE on AGING (202)-898-2578

NATIONAL CENTER on ELDER ABUSE (855)-500-3537

PENSION BENEFIT GUARANTY (800)-400-7242

SOCIAL SECURITY ADMINISTRATION (800)-772-1213

**Healthy Hearing and Speech** 

INSTITUTE ON DEAFNESS & COMMUNICATION DISORDERS

(800)-241-1044

# **Information Lines (Cont.)**



| Heart, Lung & Blood Health |                |
|----------------------------|----------------|
| NHLBI                      | (301)-592-8573 |
|                            |                |

Housing and Urban Development

HUD USER (800)-245-2691

Immunization, Infectious Disease and Flu CENTER FOR DISEASE CONTROL & PREVENTION

(800)-232-4636

OFFICE OF HIV/AIDS & INFECTIOUS POLICY

(800)-448-0440

**INSTITUTE of ALLERGY & INFECTIOUS DISEASES** 

(866)-284-4107

#### **Mental Health**

INSTITUTE OF MENTAL HEALTH INFORMATION (866)-615-6464

**Nutrition and Healthy Eating** 

FOOD & NUTRITION INFORMATION CENTER (301)-504-5755

**Public and General Health** 

FEDERAL CITIZEN INFO. CENTER (719)-295-2675

HEALTH RESOURCES & SERVICES (888)-275-4772

U. S. CONSUMER PRODUCT SAFETY (800)-638-2772

U. S. FOOD & DRUG ADMINISTRATION (888)-463-6332

Rare Diseases & Disorders

GENETIC & RARE DISEASE INFO. CENTER (888)-205-2311

NATIONAL HANSEN'S DISEASE PROGRAM (800)-642-2477

**Rural Health** 

RURAL INFORMATION CENTER (800)-633-7701



## **Information Lines (Cont.)**

| Safety 8 | & Injur | y Prevention/Disaster Assistance |
|----------|---------|----------------------------------|
|----------|---------|----------------------------------|

CENTER for FOOD SAFETY & APPLIED NUTRITION OUTREACH (888)-723-3366

FEDERAL EMERGENCY MANAGEMENT AGENCY

(800)-621-3362

NATIONAL INSTITUTE for OCCUPATIONAL SAFETY & HEALTH I

(800)-232-4636

NATIONAL HIGHWAY TRAFFIC SAFETY ADMISTRATION

(888)-327-4236

**Veterans Health** 

ABOUT FACE (National Center for PTSD) (800)-273-8255

U. S. DEPARTMENT of VETERANS AFFAIRS (800)-827-1000

VA GULF WAR HELPLINE (800)-749-8387

Women's' Health

OFFICE on WOMENS HEALTH (800)-994-9662

#### **NEW YORK STATE:**

ADULT HOME & ASSISTED LIVING (Complaints) (866)-893-6772

ADULT PROTECTIVE (844)-697-3505

CHILD ABUSE HOTLINE (800)-342-3720

COMMISSION ON QUALITY OF CARE & ADVOCACY FOR

PERSONS WITH DISABILITIES (518)-388-2888

(800) 624-4143

COUNCIL ON PROBLEM GAMBLING (518)-867-4084

DEPARTMENT OF HEALTH (607)-432-3911

DIVISION OF HUMAN RIGHTS (888)-392-3644

DIVISION OF VETERANS RIGHTS (888)-838-7697

DOMESTIC ABUSE (800)-942-6906

# **Information Lines (Cont.)**



| ENVIRONMENTAL HEALTH              | (800)-458-1158     |
|-----------------------------------|--------------------|
| HOME HEALTH CARE                  | (800)-628-5972     |
| HOSPICE COMPLAINTS                | (800)-628-5972     |
| MANAGED CARE COMPLAINTS           | (800)-206-8125     |
| NURSING HOME COMPLAINT LIINE      | (888)-201-4563     |
| PARTNERSHIP FOR LONG TERM CARE    |                    |
|                                   | (888)-NYS-PLTC     |
| OCCUPATIONAL HEALTH               | (866)-807-2130     |
| OFFICE OF PROFESSIONAL MEDICAL O  | CONDUCT            |
|                                   | (800)-663-6114     |
|                                   |                    |
| OFFICE PERSONS WITH DEVELOPMEN    | ITAL DISABILITIES  |
| (OPWDD)                           | (518)-473-9689     |
| OFFICE for THE AGING              | (518)-473-2847     |
| ORGAN & TISSUE DONATION           | (866)-693-6667     |
| PUBLIC HEALTH DUTY OFFICER HELPL  | INE (866)-881-2809 |
| PUBLIC SERVICE COMMISSION         | (800)-342-3377     |
| ROSWELL PARK CANCER INSTITUTE     | (800)-685-6825     |
|                                   |                    |
| SENIOR ACTION COUNCIL for MEDICAR | -                  |
| RIGHTS HOTLINE                    | (800)-333-4374     |
|                                   |                    |
| SMOKERS QUITLINE                  | (866)-697-8487     |



#### TRANSPORTATION

#### AMERICAN CANCER SOCIETY - ROAD to RECOVERY

Provides transportation to/from treatments for people with cancer and lack transportation. www.cancer.org/treatment/supportprogramsservices/road-to-recovery

#### CENTER for INDEPENDENT LIVING of the HUDSON VALLEY

(518)-828-4886

Assistance to individuals in learning how to use a bus line and/or paratransit; provides limited transportation with wheelchair accessible vans.

COXSACKIE LOGISTICS

(518)-731-3300

Medicaid transportation & taxi service throughout NY

**COXSACKIE TRANSPORTATION** 

(518)-731-8242

250 Mansion Street, Coxsackie

Website: www.coxsackietransport.com

#### GREENE COUNTY DEPARTMENT of HUMAN SERVICES

Nutrition vans - Shopping Bus - Homebound Medical Transportation

#### GREENE COUNTY TRANSIT SYSTEM

(518)-943-3625

Provides bus service between the Village of Catskill, outlying areas of the county and parts of Columbia County. Must notify at least a day in advance. Senior citizen discount courtesy books available.

#### GREENE COUNTY VETERANS SERVICES

(518)-943-3703

Eligible Veterans only

#### NYS MEDICAID TRANSPORTATION

(855)-360-3545

Clients receiving Medicaid/Managed Care are entitled to transportation to and from doctor or health related visits and appointments.

### TAXI SERVICE

LEE'S TAXI SERVICE (Greenville)

(518)-966-4861

QUALITY RIDES TRANSPORTATION (Catskill) (518)-510-0406

**S & M TAXI SERVICE (Catskill)** 

(518)-666-7480

**SMILEY'S TAXI (Tannersville)** 

(518)-589-6533

#### **VETERANS SERVICES**





#### **ALBANY VA MEDICAL CENTER**

(518)-626-5000

(518)-943-9874

113 Holland Avenue Albany, NY 12208

Website: www.albany.va.gov

# GREENE COUNTY VETERANS SERVICE AGENCY

**VETERANS** BENEFITS

159 Jefferson Heights, Suite A104 (518)-943-3703

Catskill, NY 12414

veterans@greenecountyny.gov

Sullivan-Teator Post 770, Catskill

Windham Post 1545, Windham

GC Veteran's Transportation (518)-755-2348

#### **GREENE COUNTY VET2VET** (518)-719-0020

Provides Peer Counseling, referral to community based organizations & referral to state and deferral programs and services

## <u>ORGANIZATIONS</u>

| AMERICAN LEGION                         |                |
|---|----------------|
| TGM Post 181, Athens                    | (518)-567-5529 |
| Gordon Mosher                           |                |
| Post 291, Greenville                    | (518)-966-8278 |
| Don Savino                              |                |
| Honeyford Memorial Legion 110, Catskill | (845)-399-4380 |
| New Baltimore Post 1614  Daniel LaMora  | (518)-894-5001 |
| Bunt-Brewer Post 165, Tannersville      | (845)-243-0655 |
| Coxsackie Post 166, Coxsackie           | (518)-965-1124 |
| Mohican Post 983, Cairo  Mike Adrian    | (518)-965-2548 |
| <u>VFW</u>                              |                |



#### YOUTH SERVICES

#### **DEVELOPMENTAL & BEHAVIORAL SERVICES**

#### **ALBANY MEDICAL**

(518)-262-5401

#### **AUTISM CONNECTION**

(518)-731-6500

Our mission is to build a community that fosters acceptance and builds lasting relationships for individuals and families impacted by autism.

#### BYSTATE DEVELOPMENTAL (Springfield, MA) (413)-794-5437

Developmental behavioral pediatrics team provides diagnostic services and assessments for children under age 7 and recommend behavioral therapies and services that are best for the child.

#### CAPITAL CARE DEVELOPMENT

(518)-762-7733

#### **CAPITAL COUNSELING**

(518)-462-6531

It is during the early years when cognitive abilities, social abilities and emotional responses are developed and patterns for managing difficult events in life are established. Children who learn constructive social and emotional skills build a solid platform that promote healthy functioning in home, school and community. Capital Counseling therapists have expertise in providing specialized services to children in a safe space to explore their thoughts and feelings regarding any difficulties they may be having. Focus is on encouraging improvements in the most vital aspects of a child's life, including increased academic achievement, decreased aggression and fighting, as well as improved family communication

#### **FOUR WINDS** (Saratoga)

(518)-584-3600

Four Winds provides inpatient and outpatient mental health treatment services for children and adolescents. Specialized providers of inpatient psychiatric treatment for children and adolescents.

# GREENE COUNTY MENTAL HEALTH SINGLE POINT OF ACCESS (SPOA) (518)-622-9163

Ext 7114

Brings representatives from important county service providers together with families to provide support and assistance to families with children in distress. The primary goals of SPOA is to

- 1) maintain children in the community and reduce out of home placement
- 2) help transition children in placement back into the community
- 3) increase access to community resources.

These goals are accomplished by connecting children and their families to mental health resources, case management services, parent advocates, and social service prevention programs.



#### KARNER PSYCHOLOGY

(518)-456-5056

#### NORTHEAST PARENT & CHILD SOCIETY

(518)-346-1284

Programs encompassing behavioral health, care management and clinical support, residential and foster care, and special education

#### **NORTHERN RIVERS**

(518)-426-2600

- COORDINATED CARE AND COMMUNITY SOLUTIONS: A care management and clinical service system designed to support children in meeting their individual needs and providing families with skills, resources, and services that increase their ability to support children in their development.
- **BEHAVIORAL HEALTH CARE CENTER**: Serves families whose children have complex behavioral health needs or who experience a mental health crisis by bringing services together including screening, assessment, care management, crisis response, and treatment.
- **BEHAVIORAL HEALTH**: Social work and psychiatric services designed to support the diverse range of behavioral health needs of children, adults and families while providing opportunities for awareness, growth, empowerment, and healing.
- **RESIDENTIAL SERVICES**: A continuum of safe and therapeutic home and facility-based residential environments with comprehensive services for children and the families who support them.
- **FOSTER CARE SERVICES**: Provides foster and pre-adoptive foster homes for children requiring out-of-home placement from birth through age 21.
- **EDUCATION**: Educational, career development and clinical services designed for children and young adults with special needs related to social-emotional functioning, academics, and life planning that ensures sustainability and future student success.
- UNLIMITED POTENTIAL: Provides community support and a structured environment to individuals who are in recovery after experiencing a mental illness allowing them to regain their confidence and increase vocational opportunities by providing training and employment services.
- **SATRI TRAINING AND RESEARCH**: Opportunities available for professionals, community agencies, school districts and directly to children and families in everything from wellness and workforce challenges to crisis intervention and curriculum development.

YOUTH CRISIS RUNAWAY HOTLINE

(800-)448-4663



#### **OTHER SERVICES:**

#### COLUMBIA GREENE WORKFORCE

(EMPLOYMENT OPPORTUNITIES)

(518)-828-4181

**EXT 5510** 

#### **GREENE COUNTY DEPARTMENT OF HUMAN SERVICES**

(518)-719-3555

To help coordinate youth services for children and young people "(birth to 21)" in Greene County, by providing technical assistance to municipalities, private agencies and groups in program development, evaluation, financial planning, program management and training. Pre-PINS

#### **GREENE COUNTY FAMILY PLANNING**

(518)-719-3580

• TEEN SERVICES: Walk-in's welcome every day. Teen walk in clinic every Wednesday from 3 p.m. - 6 p.m. Provides confidential reproductive health care to adolescents while encouraging participation and involvement of family members in the counseling and care of adolescents. If you bring someone with you, your confidentiality is still protected. We may not disclose information about you unless we have your consent. We are mandated child abuse reporters, so if a minor (a person under the age of 18) tells us they are being abused or neglected by their parent or guardian, we must report that to the Child Abuse Hotline. You may receive all of the services available at Greene County Family Planning whether you have discussed this with your parent/guardian or not.

#### **GREENE COUNTY PUBLIC HEALTH**

(518)-719-3600

The Greene County Public Health Department provides several programs specifically for children.

- EARLY INTERVENTION: The Early Intervention Program provides cost free screening evaluations and services for eligible children through age three who have developmental delays.
- CHILDREN WITH SPECIAL HEALTH CARE NEEDS: The Children with Special Health Care Needs Program provides free assistance for children through age 21 in finding medical and related community services (including insurance).
- **PRESCHOOL SPECIAL EDUCATION:** The Preschool Special Education Program provides educational services to children age 3 to 5 who have a disability that affects their learning.



#### GREENE COUNTY DEPT. of SOCIAL SERVICES

(518)-719-3700

- CASE MANAGEMENT: Social work professionals meet in the home with the parent/guardians and the child and help facilitate important community supports to families with children in distress. This may include but not limited to community assistance programs, community recreation and arts programs, treatment providers as needed by the child and school systems to coordinate educational and behavioral goals Help families set and initiate positive life goals for their child
- HOME AND COMMUNITY BASED WAIVER: Provides intensive wrap around services to children diagnosed with severe emotional disturbances between the ages of 5-17. Provides children and families with strength based individualized care coordination, respite, skill-building, intensive in-home, crisis response and family support services. Services are designed to assist the family with increasing safety within the home and community, as well as reducing the need for hospitalizations and out-of- home placements.
- PARENT ADVOCATE: Offers parent-to-parent support from someone who is familiar with parenting a challenging child and who can help the family understand and navigate through local community resources and systems.
- **RESPITE**: Provide a needed break for the family, easing family stress and providing the child with other positive adult interaction. This day or overnight care is provided either in the home or out-of-the home by trained workers.
- KINSHIP CARE: Supports available for relatives caring for other family member's children.
- VICTIM ASSISTANCE For children who have been the victim of abuse, provides counseling and therapy, advocacy, accompaniments, information and referrals. Services are available for recent or past victimizations.

#### **MENTAL HEALTH ASSOCIATION**

(518)-828-4619

 ADVANTAGE AFTER-SCHOOL PROGRAM: Licensed program funded by OCFS, located in Catskill.

• CHILD ADVOCACY CENTER:

(518)-943-4482

Child-friendly, community-oriented, safe environment where children and their families are offered the opportunity to receive comprehensive services when an allegation of child abuse has been made. It is a place where children can feel safe and at ease while being interviewed by a specially trained member of the CAC's multidisciplinary child abuse investigation team (MDT).

#### **24 HOUR HOTLINE**

(518)-828-5556

 COMMUNITY-BASED PREVENTION PROGRAM (CBPP): Assists children with serious emotional disturbances, provides supports to families and links families to appropriate services in the community. The goal of CBPP is to prevent out-of-home placements by providing case management support to families.



### **MENTAL HEALTH ASSOCIATION (Cont.)**

- **RESPITE**: provides a break, usually in a planned arrangement for at least 3 hours a week, or to aid in a situational crisis. Trained respite workers provide youth with activities in the community or on site. Activities for each child are based on a set of skills and goals set for the individual child. Workers are flexible in meeting the needs of the family, and provide care for some or all of the children in the family.
- TREATMENT FOR ADOLESCENTS W/ PROBLEMATIC SEXUAL BEHAVIORS: Adheres to a family-focused, person-centered philosophy in working with adolescents with illegal and problematic sexual behavior (PSB) and their families. Acknowledges that adolescent sexual behavior is serious, must be addressed effectively, and that adolescents have the capacity to learn to make healthier and safer choices. The program emphasizes that adolescents are most successful when they have support from adults in their lives, especially and active caregiver in the home.
- YOUTH CLUBHOUSE

  Provides a safe, supportive, alcohol and drug free environment for its members.

  Clubhouses welcome all youth 12-17 and young adults 18-21 in recovery from drugs or alcohol, or at risk of developing a substance use disorder. Peer driven activities will promote health, wellness, and long-term recovery.

#### NYS KINSHIP NAVIGATOR

(877)-454-6463

Statewide information, referral and advocacy program for those who care for a child who is not ologically their own (grandparents, aunts, uncles, etc.)

#### PARSONS CHILD & FAMILY CENTER

(518)-431-1652

Programs encompassing behavioral health, care management and clinical support, residential and foster care, and special education

#### PARENT to PARENT NYS

(518)-381-4370

Parent to Parent of New York State supports and connects families of individuals with special needs. Offices are located throughout New York State staffed by Regional Coordinators who are parents or close relatives of individuals with special needs. Families of individuals with special needs and the professionals who serve them meet and share information. They are here to help other families with support (offer parents/caregivers the opportunity to connect one-to-one with a parent/caregiver of an individual with the same or similar disability or special health care need – someone who has "been there."), information & referral and training workshops are available on various topics.

#### YOUTH RECREATIONAL SERVICES





| <ul> <li>Athens</li> </ul>       | (518)-945-1052 |
|----------------------------------|----------------|
| <ul> <li>Cairo</li> </ul>        | (518)-423-9934 |
| <ul> <li>Durham</li> </ul>       | (518)-239-4140 |
| <ul> <li>Tannersville</li> </ul> | (518)-589-5805 |

#### ATHENS RECREATION SWIMMING

(518)-965-5758

#### ATHENS CULTURAL YOUTH ART PROGRAM

(518)-694-1831

The Youth Art Program is a four week summer art program which features different weekly projects.

#### **BABE RUTH BASEBALL**

(800)-880-3142

Call to find out your specific league

**BOUNDLESS ARTS (MtnTop)** 

(347)-844-0701

**CATSKIL EXIT 21 BASKETBALL** 

(518)-378-5885

CATSKILL CUS D'AMATO BOXING GYM

(518)-378-5885

**CORNELL COOPERATIVE EXTENSION 4H** 

(518)-828-3346 Ext. 210

Programs, open to ages 5 - 19, are offered in a wide variety of formats and places designed to fit the interests and needs of the diverse young people who live in rural and more urban communities.

#### COXSACKIE P.A.L. YOUTH BASKETBALL

(518)-731-9069

Runs November through February each year. Open to boys and girls, Grades 1 through 8.

GIRL SCOUTS Call to find the troop nearest you.

(518)-489-8110

**GREENE COUNTY FLAG FOOTBALL** 

(518)-821-3228

#### **GREENE COUNTY OUTLAWS**

greenecooutlaws.com

GC Outlaws Travel baseball and softball is a competitive baseball and softball organization, committed to providing the finest instruction available for the developing young baseball and softball player



# YOUTH RECREATIONAL **SERVICES (Cont.)**

| GREENE COUNTY POP WARNER (F | FOOTBALL) | (518)-947-0090   |
|-----------------------------|-----------|------------------|
| (CHEE                       | RLEADING  | ) (518)-364-1107 |

**GREENVILLE YOUNG READERS** (518)-966-8205

Toddler Time classes age 6 months - 4 yr. olds with a summer reading program.

LITTLE LEAGUE (860)-585-4730

Call to find out your specific league based on school district/address

PRATTSVILLE NEXT GENERATION YOUTH LAB (646)-678-2394

**SAUGERTIES YOUTH HOCKEY** (845)-321-1421

SOCCER:

**GREENVILLE SOCCER CLUB** (518)-229-2130

**RIP VAN WINKLE SOCCER** (518)-821-3121

YMCA YOUTH PROGRAMS (518)-731-7529